

QUESTIONS PARENTS ASK

What is my role as a parent/guardian?

Your involvement in your child's treatment is critical to his or her success. Substance abuse affects everyone in your family and it is important for all members to receive support and education. Please be prepared to participate in family, group and/or individual counseling and assist in arranging for aftercare services to ensure continued recovery for your child.

Is this service confidential?

We understand the importance of your family's privacy. Any information shared with our counselors and staff is confidential, to the extent allowed by the law.

How much does treatment cost?

The cost of your child's treatment depends on his or her individual need. We have a number of funding options available, including private insurance and a sliding-fee scale based on income. We will assist you in finding the most cost-effective method of payment for you and your family.

What does my child need during his or her stay at the Compass Center?

Along with your continuing support and involvement, please bring your child's clothing and personal hygiene items.

COMPASS CENTER

*Residential Substance Abuse
Treatment for Adolescents*

2750 Bahia Vista Street, Suite 190
Sarasota, FL 34239
(941) 952-1147 ext. 1107
Fax (941) 365-4083

Our Mission: To provide behavioral healthcare services that exceed expectations for quality, availability and satisfaction.

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Treatment Center for Adolescents*



COASTAL
BEHAVIORAL HEALTHCARE, INC.

Caring for our Community



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www.coastalbh.org

Caring for our Community

Looking for Guidance?

When teenagers use drugs and/or alcohol while experiencing a co-occurring mental health problem, complex issues arise for both the family and the community. The Compass Center offers a treatment solution. The Compass Center is centrally located in Sarasota in the Bahia Vista Professional Center. Our multidisciplinary team includes a psychiatrist, nursing services, mental health counselors, substance abuse professionals, and Florida licensed teachers. Treatment is provided in a comfortable, home-like, secure setting.

WE CAN HELP

The Compass Center provides residential treatment for adolescents, ages 13 to 17. We provide supervised programs and treatment services, 24 hours a day, seven days a week. Admission is voluntary. The average length of stay is six months.

Our treatment services include:

- 12 Step Groups (AA/NA)
- Aftercare Services
- Family Therapy
- Individual and Group Counseling
- Nursing Services
- Psychiatric Care
- Recreational/ Leisure Activities
- Substance Abuse Education
- School Program/ Florida Licensed Teachers
- Wellness Counseling

FAMILY FOCUS

At the Compass Center, we focus on the family. Family involvement is an important aspect of successful treatment for adolescents. The Compass Center understands this need. We provide individual, family, and group counseling to guide the entire family toward wellness.

Emotions of Recovery Artwork Created by Our Residents



"Anger"



"Fear"



"Hope"



"Family"

If you suspect...

(the following checklist may indicate the use of substances by your teen)

- Anxiety or paranoia
- Change of friends
- Change in attire
- Secretive behavior
- Depression
- Dazed appearance
- Less concerned about grooming and personal hygiene
- Loss of interest in family and/or social activities
- Dilated or constricted pupils
- Nervousness
- Slurred speech
- Unusual breath odor
- Chills or sweating
- Impaired mental function
- Euphoria
- Skipping school and/or drop in grades
- Inability to sleep or excessive sleeping
- Frequently needing money
- Confusion

If your teen is displaying some of these symptoms and you are concerned, it may be time to give us a call:

(941) 952-1147 ext. 1107